

For more information or help, please contact your local Mental Health Association Chapter.

Allegany County	722-5843
Anne Arundel County	268-1363
Calvert County	535-MIND
Carroll County	795-1141
Charles County	283-2410
Frederick County	663-0011
Howard County	730-3773
Kent County	778-4628
Lower Shore (serving Somerset, Wicomico & Worcester Counties)	543-2057
Metropolitan Baltimore (serving Baltimore City, Baltimore & Harford Counties)	235-9786
Montgomery County	424-0656
Prince George's County	499-2107
Talbot County	822-0444
Washington County	733-6555

For information on Mental Health Association Chapters in other counties, please contact the Mental Health Association of Maryland at 235-1178.

CLIP AND MAIL THIS COUPON

Please send me:

more information about children's mental health

_____ more copies of "Children and Youth with Emotional Problems"

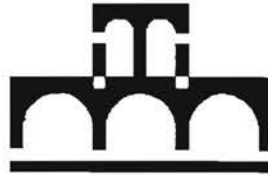
Your Name _____

Address _____

City _____ State _____ Zip _____

Return to: Mental Health Association
of Maryland
323 East 25th Street
Baltimore, MD 21218

Printed as a Community Service by



TAYLOR MANOR HOSPITAL

College Avenue, P.O. Box 396
Ellicott City, MD. 21043

(301) 465-3322 / (800) 527-8238



**Children and Youth
with
Emotional Problems**

Facts for Families



Mental Health Association

EMOTIONAL PROBLEMS OF CHILDREN AND YOUTH

The types of behavioral, mental and emotional problems that affect anywhere from eight to twelve million children in this country vary in their causes, their age of onset, their degree of seriousness and their treatment. Even the names given to these problems are varied; the label or diagnosis may be called "behavioral disorder", "emotional disorder" or "mental illness" depending on what agency or professional sees your child.

In general, these are problems that can seriously affect a child or youth's ability to learn and grow at a pace consistent with peers. They often rob the child of important stages of development and affect relationships with other children and adults, making it hard for the child to reach his or her full potential.

Three common emotional problems of children and youth whose symptoms can vary from mild to severe are:

Depression

Depression can occur as early as infancy, with symptoms similar to those found in adults.

Biochemical imbalances in the brain are considered to be a major factor in childhood depression.

Studies indicate that children from families whose members have been

diagnosed with depression are three times more likely to develop this problem than children whose family histories do not include depression.

Attention Deficit Disorders

Attention Deficit Disorders (ADD) are also known as hyperactivity, minimal brain dysfunction and hyperkinesia.

ADD is characterized by a short attention span; children with ADD have trouble listening, concentrating, sitting still and completing activities.

Anxiety Disorders

Anxiety Disorders are characterized by persistent fears and panic reactions to objects and situations such as animals, the dark, school and parting from loved ones.

Sometimes they appear suddenly, for no apparent reason. Children suffering from anxiety disorders often experience headaches, stomachaches, nausea and fainting.

SOURCES FOR HELP AND FURTHER INFORMATION

Help is available for your child, but finding it will probably demand a great deal of patience and persistence on your part simply because most communities lack a single agency or program with responsibility for helping children with emotional problems and their families. Mental health professionals (psychiatrists,

psychologists and social workers), hospitals, the school system, state and county services and juvenile justice authorities are all part of a largely uncoordinated "system" you may have to sort through to find the help your child needs. Fortunately, parents in Maryland have begun to organize to provide information and support for each other, and there are other resources to help you locate caring, competent mental health professionals and integrated services for children in need of help:

Parents Supporting Parents. A parent-run, support, information, advocacy and training resource for parents of children and adolescents who have emotional, mental or behavioral problems. Call (301) 424-0656.

Your Mental Health Association. The Mental Health Association is a state-wide, voluntary citizens' organization that brings together consumers, families, professionals, advocates and other concerned citizens for unified action in all aspects of mental health and mental illness. A complete listing of Mental Health Association Chapters in Maryland is included on the back of this brochure.

Maryland Youth Crisis Hotline. The 24-hour hotline can be reached by calling 1-800-422-0009.

Taylor Mental Health Services

Wouldn't it be nice if all of life's problems could be solved with a bandage and a kiss from Mom, like it was when you were a child?



While a good number of life's little difficulties can be solved simply, mental health problems cannot.

Taylor Mental Health Services, a new **outpatient** mental health care program, has been established to help you with those personal problems that require professional assistance. The Taylor Mental Health Services network is designed **to help people**



deal with a wide variety of emotional and stress-related problems -- the types of problems and illnesses that we all encounter in the course of our daily lives.



A network of convenient neighborhood centers, each Taylor Mental Health Services office is staffed by a team of psychiatrists, psychologists, social workers and other mental health professionals. Our professional treatment teams have the experience and expertise to help you or those close to you in need of help.



Life is change, growth, and a constant process of transformation. At times this process can be emotionally threatening and painfully stressful, especially during critical periods like adolescence, young adulthood, transitions in marital life, illness, and old age. These stressful situations can be further complicated by drug or alcohol abuse.

WARNING SIGNS Of Possible Emotional Problems:

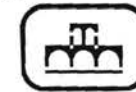
- Skipping school or missing work
- Chronic anxiety or panic attacks
- Ongoing or chronic depression
- Reliance on alcohol, prescription or street drugs
- Moodiness and irritability
- Feelings of helplessness or apathy
- Inability to express feelings and emotions
- Loss of interest in work or hobbies
- Emotional rollercoaster--extreme highs and lows of mood



Call your nearest Taylor Mental Health Services office for a **free initial interview** with a mental health professional. We'll discuss your problem and some possible treatment approaches, at no cost or obligation.

Following your initial interview, you will be referred to the staff practitioner who is best suited to meet your needs, and you will receive a careful evaluation. Our evaluation services include psychiatric and psycho-social assessments, psychological testing, laboratory/biological services and vocational testing. Treatment services include individual and group psychotherapy, family and couples therapy, management of medication (if needed), stress management, bio-feedback, and educational programs.

Our offices are affiliated with Taylor Manor Hospital, a recognized leader in private psychiatric care for more than eighty years. We have provided professional help for personal problems to thousands of people, and we can help you.



LOCATIONS

OWINGS MILLS

Painters Mill Executive Office Park
90H Painters Mill Road
Owings Mills, Maryland 21117
(301) 363-3722

PIKESVILLE

Atrium Shopping Center
2835 Smith Avenue, Suite 210
Baltimore, Maryland 21209
(301) 653-5330

ELLICOTT CITY

Taylor Manor Hospital
P.O. Box 396
4100 College Avenue
Ellicott City, Maryland 21043
(301) 465-3322

It Won't Work!

Taylor Mental Health Services Will

**A new service, featuring
a free initial interview,
is available in your
community.**

*A new service for you
and your community*



Taylor Mental Health Services
P.O. Box 396
Ellicott City, MD 21043

You Can't Put A



On Your Mental Health Problem

Taylor Mental Health Services can help you with those personal and family problems which require professional assistance.

Taylor Mental Health Services can meet the needs of many different people, from those adjusting to life's transitions to those with severe emotional difficulties.

Taylor Mental Health Services provides professional solutions to personal and family emotional problems.

BULK RATE
U.S. Postage
PAID
Permit No. 66
Lutherville, MD

FACT SHEET

Taylor Manor Hospital has operated continuously as an independent private psychiatric hospital since 1907. Quality, cost effective psychiatric inpatient treatment has been provided in modern facilities under the direction of the Taylor family since 1939. All referrals are welcomed; patients return to their professional referral source. Each patient receives evaluation and treatment in the least restrictive setting.

IRVING J. TAYLOR, M.D.
MEDICAL DIRECTOR

BRUCE T. TAYLOR, M.D.
ASSOCIATE MEDICAL DIRECTOR

EDWARD F. SANFORD, M.D.
CLINICAL DIRECTOR

EDITH L. TAYLOR
EXECUTIVE DIRECTOR

MORRIS L. SCHERR
ADMINISTRATOR

SOL FISHER
BUSINESS ADMINISTRATOR

PHILLIP J. GUGLIOTTI
CHIEF FINANCIAL OFFICER

Inpatient Programs & Treatment Modules:

- Children
- Adolescents
- Young Adults
- Adults
- Geriatric
- Institute of Psychiatry & Religion
- Dual Diagnosis/Addictions
Alcoholism
Chemical Dependency
Gambling
- Co-Dependency/ACOA
- Partial Hospitalization &
Day Treatment
- Womens' Issues
- Eating Disorders
- Interventions
- Court Evaluations
- Level 5 School

Length of Stay

Hospital-wide average length of stay is 37 days in 1990. Shorter and longer lengths of stay are available in each program.

Treatment

Each patient's treatment is individualized. A treatment plan is developed by a multi-disciplinary treatment team utilizing as appropriate any of the following:

- Individual Therapy
- Medication
- Recreational Therapy
- Assertiveness Training
- School Program
- Nutritional Guidance
- Group Therapy
- Activity Therapy
- Art Therapy
- Behavioral Therapy
- GED Program
- 12 Step Programs
- Family/Collateral Therapy
- Occupational Therapy
- Somatic Therapies
- Cognitive Therapy
- School Tutoring
- Biofeedback

Staff

- Psychiatrists, Board
Certified & Eligible
- Activity Therapists
- Internists
- Psychologists, licensed
- Psychiatric Nursing
Counselors
- Social Workers, licensed
- Registered Nurses
- Attending Staff

Additional specialized staff include: Medical Specialty Consultants, Certified Addiction Counselors, Mental Health Counselors, Psychiatric Consultants, Visiting Staff, Recreation Therapists, Art Therapists, Dance/Movement Therapists, Dietician, Nutrition Specialist, Pastors, and Support Services Staff.



TAYLOR
MANOR
HOSPITAL

4100 COLLEGE AVENUE
P.O. BOX 396
ELLCOTT CITY, MARYLAND
21043-0035

301/465-3322

Facilities

- 200 Acre Campus
- Recreational Fields
- Swimming Pool
- Semi-private Rooms
- Intensive Care Unit
- Fitness Trail
- Dining/Visiting
- Private Baths
- Auditorium/Gymnasium
- Exercise Equipment
- Lounges
- Specialized Units

Affordable

- Participating Preferred Provider
Blue Cross/Blue Shield
Pru Care
American Psych Management
- Approved for
Champus
Physicians Medical Group
General Motors
Substance Abuse Program
- Approval Expected in 1991 for:
Medicare
Medical Assistance
(for ages under 21 and over 65)
- Most Insurances, HMO's and
Managed Care plans accepted
- Affordable payment plans available
- Rates set by Maryland HSCRC

Community Service, Education, and Research

- Annual Psychiatric Symposia
- Monthly Free Lecture Series
- Special Topical Seminars
- Life Tapes
- Special Training Programs
CPR (Cardiopulmonary Resuscitation)
CPI (Crisis Prevention Intervention)
- Professional Speakers Bureau
- Clinical Research & Evaluation

Affiliated Facilities and Programs

- Taylor Psychiatric Professional Association
Inpatient and Outpatient Psychiatric Care and Consultation
 - Taylor Mental Health Services - Outpatient Centers for Children, Adolescents, and Adults
 - Security
 - Ellicott City
 - Towson
 - Pikesville
 - Owings Mills
 - Changing Point and Changing Point South - Adolescent and Adult Addictions Services
Residential Inpatient Alcoholism and Drug Abuse Treatment
Outpatient Evaluation, Treatment and Education Programs
 - Ellicott City
 - Baltimore City
 - Owings Mills
 - College Park
 - Waldorf, Charles County
 - Hollywood, St. Mary's County
- Employee Assistance Programs (EAP)

Licensing and Certification

- Licensed as a 204 bed psychiatric hospital by the Department of Health and Mental Hygiene
- Fully accredited by Joint Commission on Accreditation of Health Care Organizations (JCAHO)

Admissions

- 24 Hours a Day, 365 days a year
- Call 301-465-3322
or 1-800-621-4965
- Voluntary
- Involuntary
- Court Order

TAYLOR MANOR HOSPITAL

301-465-3322 or 1-800-621-4965





ADMISSION AND EVALUATION

Recovery-oriented treatment at TMH begins at admission. Each newly admitted adult and adolescent receives a comprehensive evaluation that considers the whole patient. Findings from interviews, family history assessments, referral sources, clinical observations, physical examinations, and medical, laboratory, and psychological tests are used by the attending psychiatrist and the multi-specialty treatment team to form an integrated diagnostic picture. This careful, intensive evaluation procedure provides the basis for a detailed treatment plan specifically created for each patient.

Admission referral to TMH may be through self, friend, employer, family, the patient's psychiatrist, primary care physician, psychologist, social worker or through other professional therapists, agencies, or individuals from whom the patient has sought help. Admission is usually voluntary, but may be by court recommendation or with physicians' certificates.

Prior to admission each prospective patient receives an evaluation by a staff psychiatrist to determine appropriateness and eligibility for treatment in the Hospital's programs. Twenty-four hour staffing by psychiatrists makes prompt pre-admission evaluation and emergency admission possible at any time.

DISCHARGE PLANNING AND AFTERCARE

Comprehensive and personalized plans for discharge are formulated at admission and updated by the treatment team. Specific aftercare plans are carefully designed as part of each TMH patient's program, to help discharged patients continue to build upon gains made in the Hospital. Every effort is made to ensure a smooth return to family, community, and workplace or school.

OUTPATIENT SERVICES

Taylor Manor Hospital provides outpatient and partial hospitalization services for selected patients with specialized needs. The outpatient treatment utilizes all appropriate modalities of therapy to assist patients to maintain their prior progress in treatment.

Partial hospitalization day and night programs are available when needed. Referral sources are kept informed and appropriately involved to encourage a continuity of treatment.

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Ellicott City, MD 21043
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1-800-527-8238

Please turn page

**TAYLOR MANOR HOSPITAL
BASIC INPATIENT CHARGES**

Effective July 1, 1988

Admitting Fee	Charge Basis	Rate*
Voluntary (Mon.-Fri. 9 am to 4 pm)	Admission	\$420.00
Voluntary (After Hours, Weekends, Holidays)	Admission	\$590.00
Certified (Mon.-Fri. 9 am to 4 pm)	Admission	\$660.00
Certified (After Hours, Weekends, Holidays)	Admission	\$850.00

Daily Rate**

Adult	Day	\$228.71
Special Programs†	Day	\$246.05
Intensive Care	Day	\$584.50

Psychological Evaluation

Full Neuropsychological Battery	Full N.P. Battery	\$533.00
Full Psychological Battery	Full Battery	\$482.00
Psychological Screening	Screening Battery	\$280.00
Vocational Evaluation Battery	Vocational Battery	\$175.00

* Billing rate and itemization may vary due to insurance carrier requirements. A complete rate chart, including itemizations not shown above, is available from the Admissions Office. All rates are subject to change upon notice by the Hospital.

** Private room rates available upon request.

† Special Programs—Adolescent, Young Adult, Alcoholism Treatment, Drug Abuse Treatment, Pathological Gambling, and Institute of Psychiatry and Religion.

**TAYLOR PSYCHIATRIC PROFESSIONAL
ASSOCIATION PROFESSIONAL FEES**

Effective July 1, 1988

	Charge Basis	Rate*
Hospital Day 1	Day	\$230.00
Hospital Days 2-10	Day	\$145.00
Hospital Days 11 on	Day	\$130.00

* All rates are subject to change upon notice by the Professional Association.



ALCOHOLISM PROGRAM DRUG ABUSE PROGRAM COMPULSIVE GAMBLING PROGRAM

A large segment of American society views addictive behaviors—alcoholism, drug dependency, compulsive gambling—as a moral failure of the addicted individual. This belief persists despite considerable efforts to educate the public as to the true nature of such addictions. Unfortunately, when this view of the problem inhibits the seeking of proper treatment, the consequences can be ruinous to the addicted individual and his or her family.

Alcoholism, drug dependency, and compulsive gambling are, in fact, diseases—diseases in the very same sense that diabetes is a disease. Like diabetes, addictive diseases can be controlled with the proper treatment. Often, entering the Hospital is the most difficult step on the road to recovery. If needed, special intervention services are available to enable this process to begin.

Once in treatment, group therapy promotes honesty in communication as the denial common to all addictive states is quickly recognized by peers who have been there before. Strong bonds and additional motivation result from the shared suffering and desire to begin a new life of abstinence.

Individual psychotherapy and addictions counseling help each patient achieve the level of insight necessary to regain control of his or her life. They are also extremely useful in dealing with other emotional problems which may co-exist with the addiction.

Treatment for addictive behavior at TMH stresses the precept that alcoholism, drug dependency, and compulsive gambling are family diseases,

in that the patient's addiction often produces reactions in family members that are, in the long run, unhealthy for all. Family therapy emphasizes helping family members learn how to alter their own behaviors which might have indirectly encouraged the patient's addiction. It also seeks to educate family members about the addiction and helps them deal with the pain and turmoil brought into their lives.

Treatment at TMH rests on the firm conviction that for most who suffer from alcoholism, chronic drug abuse, and compulsive gambling, the greatest hope for lasting recovery and lifelong abstinence lies in active membership in the voluntary self-help organizations which follow the famous AA 12-step model: Alcoholics Anonymous, Narcotics Anonymous, and Gamblers Anonymous.

Addiction Programs patients are required to attend daily meetings of these groups which are held both on and off the Hospital campus throughout the four- to eight-week average length of stay. In the aftercare portion of the program, every effort is made to cement the ties forged with these groups during the intensive, therapeutic stay at TMH. Important support for the family is provided by Al-Anon, Nar-Anon, and Gam-Anon meetings.

While alcoholism, drug abuse, and compulsive gambling may exist independently, they are often interrelated and may be present with other emotional problems. By addressing each patient as a complex personality with more than just a single, isolated problem, the Taylor Manor Hospital program is especially effective in dealing with addicted patients whose previous treatment results, concentrating on just the addiction, have been unsatisfactory.

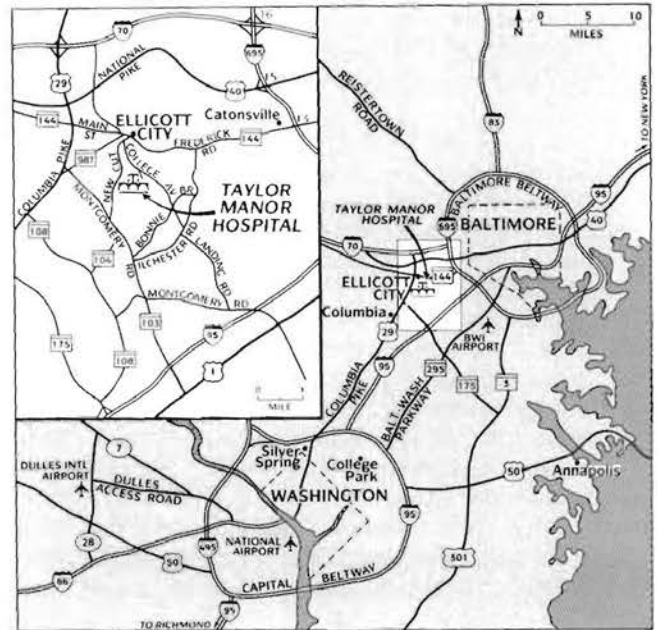
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Taylor Manor Hospital
4100 College Avenue, P.O. Box 396
Ellicott City, MD 21043
Telephone (301) 465-3322
1-800-527-8238



DIRECTIONS

From Points North:

Take 95S to Beltway 695 to Exit 13, Route 144 W. to Ellicott City; just past R.R. Overpass, turn left at the traffic light onto Maryland Ave., follow sign and right turn onto St. Paul St., bear left onto College Ave. and follow to Taylor Manor Hospital entrance.

From Washington and Points South: Take 29N past Rt. 108. Watch for signs to Ellicott City, take right fork and go straight ahead on Old Columbia Pike. Turn right at Main St., then right at traffic light onto Maryland Ave., follow sign and right turn onto St. Paul St., bear left onto College Ave. and follow to Taylor Manor Hospital entrance.

Ample Free Parking: Parking lot is located beyond the office building, directly opposite the Psychiatric Center.



The TMH Adult Program offers emotionally disturbed adults a highly personalized program in an inpatient setting. Treatment is aimed at a single goal: an early return to the normal world of family, community, and workplace with the emotional crisis resolved, coping skills restored, and the ability to appreciate the richness of life enhanced.

Treatment is under the direction of a psychiatrist, assisted by a multi-disciplinary team of mental health professionals. Following intensive evaluation, an individualized treatment plan is devised for each patient, utilizing any or all of the Hospital's basic treatment modalities: individual psychotherapy, group therapy, psychoactive medication or other somatic therapies, family therapy, activities therapy, psychodrama, and stress management.

Because the intention is to address the needs of the whole person, nutrition is also emphasized. The TMH dietician, a member of the treatment team, provides each patient with diet and nutritional counseling.

Designed with the special needs of adults in mind, the separate Adult Program facility offers comfortably and pleasantly appointed private and semi-private accommodations. The average length of stay for most adult patients is four to eight weeks, with some stays either shorter or longer depending upon the patient's individual needs.

When indicated, concurrent treatment through TMH's alcoholism, chemical dependency, or compulsive gambling rehabilitation programs is provided.

Geriatric patients are accepted for intensive treatment of acute disorders.

Plans for discharge are formulated at an early stage. They are implemented within the framework

of a follow-up plan designed to ensure a smooth return to family and community.

The Isaac Taylor Institute of Psychiatry and Religion provides a specialized program for the treatment of religion professionals. The treatment plan for patients in the Institute follows the same format described in the Adult Psychiatric Program. TMH recognizes that while priests, sisters, brothers, ministers, and rabbis develop the same psychiatric illnesses that lay persons develop, the peculiar stresses and conflicts related to their ministry creates a different dimension to their emotional problems and treatment. However, a fundamental tenet of the Isaac Taylor Institute is that religion professionals and the laity will both benefit when the common psychiatric illnesses they share are treated in a setting which they also share.

Perhaps the most unique feature of the Isaac Taylor Institute is the treatment team, all of whom are specially trained to deal with the unusual experiences and conflicts of religion professionals. This treatment team is responsible for the patient's therapy throughout the hospital stay. The treatment programs include individual and group therapy designed especially for their needs, psycho-spiritual reflection groups, and an activity program organized to respond to the demands of their special lifestyle. Concurrent treatment for alcoholism or chemical dependency is included in their treatment when appropriate. A day treatment program providing the same intensity of treatment on a five day per week schedule is also available for those who do not require the stability and safety of an inpatient program.

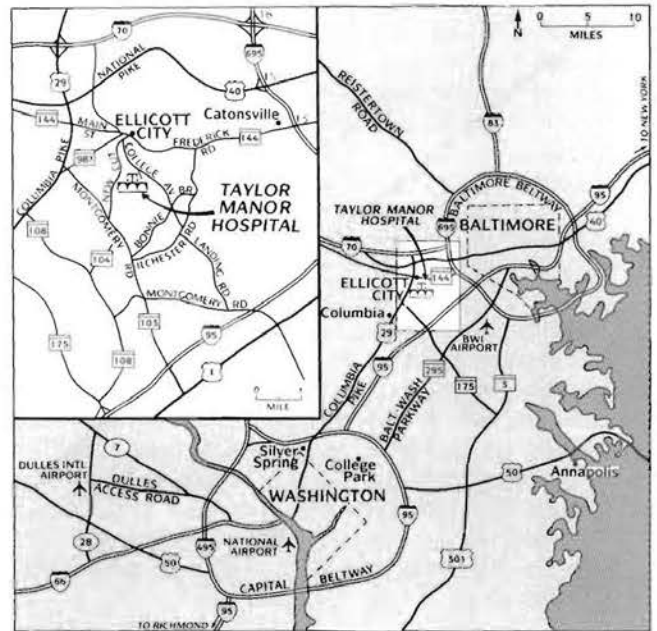
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The transition from adolescence to adulthood requires developing a relative autonomy from family, as well as learning to cope with the often harsh realities of work and adult relationships. Attempting these challenges can precipitate or intensify emotional crisis.

The Young Adult Program at TMH is designed for 17-to-28-year-olds with these life adjustment problems. This program combines all the Hospital's basic treatment modalities—individual psychotherapy, group therapy, psychodrama, milieu, family therapy, activities therapy, stress management, and pharmacological therapy, when indicated—with a strong focus on the transitional skills the young adult must develop.

This TMH program, where hospitalization averages one to three months, helps prepare these young people to cope with critical developmental problems, such as independence from their families, issues of identity, completion of education, and choice of a career.

The Hospital provides a separate living area for this age group where, through the organized therapeutic community, the young adult is encouraged to actively participate in the administration and daily functioning of the unit.

School and vocational programs stress the importance of continued education. The patient may complete an unfinished high school education at TMH or receive assistance in preparing for the high school equivalency examination. Liaison with local colleges and universities is maintained.

Staff specialists address other issues of importance to this age group, including alcohol and drug abuse and sexuality. Concurrent treatment through TMH's alcoholism, chemical dependency, or compulsive gambling treatment programs may be added.

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ADOLESCENT PROGRAM

Adolescence is an especially difficult time of life often aggravated by the many pressures inherent in contemporary American society. For adolescents, it is a period of intense emotions, new experiences, and experimentation with new attitudes, behavior, and ideas.

Most teenagers make a successful, if occasionally stormy, passage through this transitional period; but for some, the stresses are too much to handle. For them, coping may mean the abuse of alcohol or drugs. Or they may skip school, run away, or engage in other disruptive and even violent behaviors, which may mask an underlying depression.

These reactions to the internal and external pressures of adolescence may not respond to the efforts of the family, and loving, supportive parents often find that no matter how hard they try to help, their child remains out of control.

In 1968, in recognition of the special needs of adolescents, Taylor Manor Hospital began the first psychiatric treatment program in Maryland tailored specifically for patients in the 12-to-18 age group. These years of experience have enabled the Hospital to develop adolescent treatments that achieve a high rate of success.

At TMH the Adolescent Program occupies its own facilities, a miniature community which includes living quarters, therapy areas, a dining room, extensive indoor and outdoor recreational facilities, and a branch of the Howard County School system.

The multi-disciplinary team develops a detailed treatment plan including family therapy for each patient. The full range of available treatment modalities has been adapted to the special needs of adolescents and is employed as appropriate. The average length of stay is six to ten months.

One important need of the adolescent patient is education. At TMH, schooling is a prescribed and integral part of treatment and rehabilitation. Qualified special education teachers instruct middle and high school classes in well-equipped classrooms. The school program enables adolescent patients to continue their education while receiving intensive Hospital treatment. Progress is coordinated with the student's home school, and credits earned are transferable to other educational facilities.

In addition, special tutoring, summer classes, and preparation for the high school equivalency examination are available.

SHORT-TERM ADOLESCENT PROGRAM

TMH offers a special Short-Term Evaluation and Treatment Program for 12-to-18-year-olds who need more than outpatient care, yet may not require the duration of treatment provided in the Hospital's regular inpatient Adolescent Program.

This program stresses diagnosis and is normally limited in duration to 60 days or less. Its aim is to permit the close observation necessary for the complete evaluation of the adolescent's needs. At the conclusion of the diagnostic period, the patient's treatment team may either recommend referral to an outpatient program (or other form of aftercare) or continued hospitalization.

A thorough educational assessment is part of the diagnostic procedure. If the hospitalization occurs during the school year, patients receive tutoring to enable them to keep up with course work at their home school.

Although the program stresses comprehensive diagnosis, it offers strong therapeutic value as well. Many an adolescent in trouble, and headed for worse, finds hospitalization the needed break from outside stresses and environment to allow a regrouping and change of course.

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Take 95S to Beltway 695 to Exit 13, Route 144 W. to Ellicott City; just past R.R. Overpass, turn left at the traffic light onto Maryland Ave., follow sign and right turn onto St. Paul St., bear left onto College Ave. and follow to Taylor Manor Hospital entrance.



From Washington and Points South: Take 29N past Rt. 108. Watch for signs to Ellicott City, take right fork and go straight ahead on Old Columbia Pike. Turn right at Main St., then right at traffic light onto Maryland Ave., follow sign and right turn onto St. Paul St., bear left onto College Ave. and follow to Taylor Manor Hospital entrance.

Ample Free Parking: Parking lot is located beyond the office building, directly opposite the Psychiatric Center.



Recovery from emotional illness means that a person has regained the ability to direct his or her own life and has achieved new levels of self-awareness. For this reason, each adult and adolescent patient at TMH is from the very beginning an active participant in the treatment process. The patient's family is also a critical source of help in all phases of diagnosis and treatment.

The patient and family are guided through the therapeutic process by a dedicated and experienced professional team headed by a psychiatrist, a medically trained doctor whose expertise is in the diagnosis, treatment, and rehabilitation of the mentally ill.

Depending upon patient needs this team may include:

- Clinical Director
- Psychiatrist
- Psychologist
- Psychiatric Social Worker
- Addictions Counselors
- Registered and Licensed Nurses
- Psychiatric Counselors and Aides
- Pastoral Counselor
- Registered Occupational and Recreational Therapists
- Trained Art, Music, and Dance Therapists
- Biofeedback Therapist
- Certified Special Education Teachers
- Dentist
- Dietician
- Specialized Consultants
- Referral Source

The professional treatment team meets regularly to review the patient's progress and adjust the treatment plan to meet any changing needs.

Other TMH associates, including a distinguished group of physician consultants, representing all major medical specialties, are available for therapeutic assistance. By arrangement with TMH, referring professionals may visit and participate in their patients' care. Clergy are also welcome.

The work of the entire staff at TMH is based on the belief that excellence is the only acceptable standard of performance. Staff members are selected for their expertise and compassion—both vital ingredients in TMH's successful therapeutic program.

Taylor Manor Hospital is a 204-bed private psychiatric hospital offering long- and short-term adolescent services (ages 12-18), young adult (17-28), and adult, as well as specialized addictions treatment services for alcoholism, drug abuse, and compulsive gambling, and comprehensive treatment services for emotionally impaired religion personnel through The Isaac Taylor Institute of Psychiatry and Religion.

Located near Ellicott City, Maryland, 10 miles from Baltimore and 30 miles from Washington, D.C., Taylor Manor Hospital has been successively directed since 1939 by three generations of the Taylor family, noted pioneers in psychiatric hospital care.

STAFF LISTING

Clinical and Administrative Staff

Irving J. Taylor, MD, *Medical Director*
 Bruce T. Taylor, MD, *Associate Medical Director*
 Edward F. Sanford, MD, *Clinical Director*
 Morris L. Scherr, *Administrator*
 Sol Fisher, *Business Administrator*
 Edith L. Taylor, *Executive Director*

Frank J. Ayd, Jr., MD, *Director Emeritus, Professional Education and Research*
 Donald F. Dalton, SCN, PE, *Construction and Special Projects Consultant*
 Isadore Kaplan, MD, *Industrial Medicine Consultant*

Max Armes, *Co-Director, Activities Therapy*
 Swaran Dhawan, LCSW, *Director, Social Services*
 Joanne Dolgow, *Director, Community Relations*
 Philip R. Hirsh, Jr., MD, *Director, Continuing Education*
 Neil Kirschner, PhD, *Director, Psychology Department*
 Albert Kurland, MD, *Research Consultant*
 Jay A. LeBow, MD, *Director, Admissions and Outpatient Services*
 Mildred Lewis, RN, *Director, Nursing Services*
 Kathleen Norton, *Co-Director, Activities Therapy*
 C. Edward Robinson, RN, *Associate Director, Nursing Services—Center Building*
 L. Kay Stanford, LCSW, *Associate Director, Social Services*
 Ruth Upright, RN, *Associate Director, Nursing Services—Adolescent Building*

Please turn page

Program and Treatment Staff**ADOLESCENT PROGRAM**

Sara Bull, MD, *Acting Director, Adolescent Services*

Joseph Bergman, MD	Swaran Dhawan, LCSW	Mabel Mango, LCSW	Phoebe Tobin, LCSW
Paul C. Berman, PhD	Alison Fass, LCSW	Joseph Mullen, LCSW	Edwin Watts, MD
Ann T. Carberry, PhD	Carol Halpin, LCSW	April North, PhD	
John DeFrate, MD	Ellen Klosson, PhD	Catherine Seifert, PhD	

YOUNG ADULT PROGRAM

Neil Kirschner, PhD, *Director, Young Adult Program*
 Carlos Azcarate, MD, *Associate Director, Young Adult Program*

Mary A. Mathews, LCSW	Phillip Nissen, LCSW	Siniti Oneda, <i>Young Adult Counselor</i>
-----------------------	----------------------	--------------------------------------------

ADULT PROGRAM

Philip R. Hirsh, Jr., MD, *Director, Adult Services*

Mary F. Guth, LCSW	Robert J. McAllister, MD, PhD	Barbara Saidel, PhD
Richard M. Haber, MD	Perie Meltzer, LCSW	L. Kay Stanford, LCSW
William Mansbach, PhD	Douglas Peddicord, PhD	Andre Weiss, MD

ADDICTION PROGRAMS

Joseph W. Ciarrocchi, PhD, *Director, Addictions Services*

Louis J. Africa, CAC	Wade C. Esserwein, MA	Carolyn McChesney, CAC	Ruth Nissen, LCSW
Carlos Azcarate, MD	Joanna Franklin, MS	Mary Ellen Merrick, M.S., N.C.C.	Irene Steele, LCSW
Stan Carroll	Nancy Goodman, PhD	Jean Richardson	Andre Weiss, MD
Susan Darvas, LCSW	Sandra Leavey, MS	Richard Richardson	John Zager, PhD

THE ISAAC TAYLOR INSTITUTE OF PSYCHIATRY AND RELIGION

Robert J. McAllister, MD, PhD, *Director*

Joseph W. Ciarrocchi, PhD	Mary Ellen Merrick, M.S., N.C.C.
Reverend Robert Lutz	L. Kay Stanford, LCSW

PATIENT EDUCATION

Sandra Sachs, *Director, School Services*

Michael Paraway, *Assistant Director, School Services*
 Terri Wildasin, *Assistant Director, School Services*

HOWARD HIGH SCHOOL EXTENSION AT TAYLOR MANOR HOSPITAL

Linda Schaffner, *Teacher-in-Charge*

Roger Anderson	Judy Dwoskin	Barbara Kraske
Darlene Butler	Carl Fisher	Linda Potsiadlo

ACTIVITIES THERAPY

Max Armes	Michael Kroneberger	Ethel Richmond	Elizabeth Sokoloff
Jodi Bell	Terri Krac	Geraldine Read	Mary Stewart
Victoria Comp	Kathleen Norton	Ben Rubalcaba	Diana Urbanas
Cindy Gillim	Marilyn Richardson	Kathryn Smith	Catherine Williams
Marie Keese			

MEDICINE AND DENTISTRY

George Angov, MD	Cynthia Miller, DDS	Barbara Sessa
------------------	---------------------	---------------

REGISTERED NURSES

Deborah Alston, RN	Helen Fringo, RN	Barbara Marshall, RN	Patricia Shapiro, RN
Charlotte Ashman, RN	Rasyte Griskenas, RN	Diane Myers, RN	Sara Smith, RN
Beryl Baker, RN	Teresia Kasperek, RN	Sandra Nagler, RN	Michelle Terrill, RN
Deborah Bittrick, RN	David Kincaid, RN	Dianne Nixon, RN	Carole Toronto, RN
Candie Campbell, RN	Alla Klichevski, RN	Joann Novasatka, RN	Cecelia Underwood, RN
Mary Chamberlin, RN	Margaret Knode, RN	Patricia Pfeiffer, RN	Lynn Winemiller, RN
Carla Crock, RN	Helen Lewandowski, RN	Mildred Rosen, RN	Kristina Wright, RN
Marilyn Dearborn, RN	Kay Malek, RN	Nada Scruto, RN	Regina Zuccarelli, RN
Mary Alice Feather, RN	Mary Marchsreiter, RN		

DEPARTMENTAL STAFF

Max Ansell, PD, *Pharmacist*
 Jan Bozenski, RN, *Utilization Review Agent*
 Dolly Filaseta, *Accounting Services*
 Patricia Filaseta, *Computer Systems Manager*
 Iris Fisher, *Admissions Supervisor*
 Ann Forbes, *Executive Housekeeper*
 Laurie Talbot-Gibbins, LPN, *Senior Quality Assurance Coordinator*
 Barbara Gillin, *Director, Medical Records*
 Paul J. Herbick, *Pharmacy Technician*
 Melissa Hayden, *Secretarial Services Supervisor*

Roy Luebbe, *Property Manager*
 Margaret Muller, *Secretary to Director of Community Relations*
 Rita Montequin, *Administrative Assistant to Clinical Director*
 Stephanie Neal, *Secretary to Administrator and Director of Admissions*
 Pamela Pearce, *Secretary to Business Administrator*
 Kathleen Sappington, *Secretary to Associate Medical Director*
 Herman Simon, *Director, Food Services*
 Frank Skalski, *Patient Accounts Manager*
 Nancy Thayer, *Personnel Assistant*
 Joy Weisberg, RN, *Staff Development Coordinator*



Since 1907 Taylor Manor Hospital (TMH) has provided a calm and safe setting for up-to-date treatment for thousands of adults and adolescents suffering from mental illness, severe emotional turmoil, addictions, and the inability to cope with the demands of everyday life.

TMH is much more than a safe harbor from emotional storms. The Hospital offers active treatment—a medically-directed team approach designed to rapidly rehabilitate those with acute psychiatric and addiction disorders.

The goal is the restoration of the patient's ability to function as fully as possible in normal family life, community, and workplace or school. For many, psychiatric hospitalization provides the best and surest means to this end. At TMH, the structured setting and therapeutic milieu permit the psychiatrists and skilled staff to evaluate and treat each patient thoroughly and carefully.

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Success in achieving the therapeutic task is enhanced by TMH's remarkable physical setting: 500 scenic acres of rolling hills, pastures, fields, and forests surrounding a thoroughly modern private hospital specifically designed, furnished, and decorated to accommodate the needs of modern psychiatric care.

Located near Ellicott City, Maryland, 10 miles from Baltimore and 30 miles from Washington, D.C., Taylor Manor Hospital has been successively directed since 1939 by three generations of the Taylor family, noted pioneers in psychiatric hospital care.

The Hospital is licensed by the Maryland State Department of Health and Mental Hygiene and has achieved maximum accreditation by the Joint Commission on Accreditation of Health Care Organizations. Its treatment programs are approved by Blue Cross/Blue Shield, CHAMPUS, and other major insurance carriers.

You are invited to visit, write, or call for further information:

Taylor Manor Hospital
 4100 College Avenue, P.O. Box 396
 Ellicott City, MD 21043
 Telephone (301) 465-3322
 1-800-527-8238

Please turn page

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- Please send additional ___ copies of the individual insert cards
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- Please have a staff member contact me in regard to the following:
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- Young Adult Program
- Adult Program
- The Isaac Taylor Institute for Psychiatry and Religion

Addictions Programs:

- Alcoholism Program
- Drug Abuse Program
- Compulsive Gambling Program

Name _____

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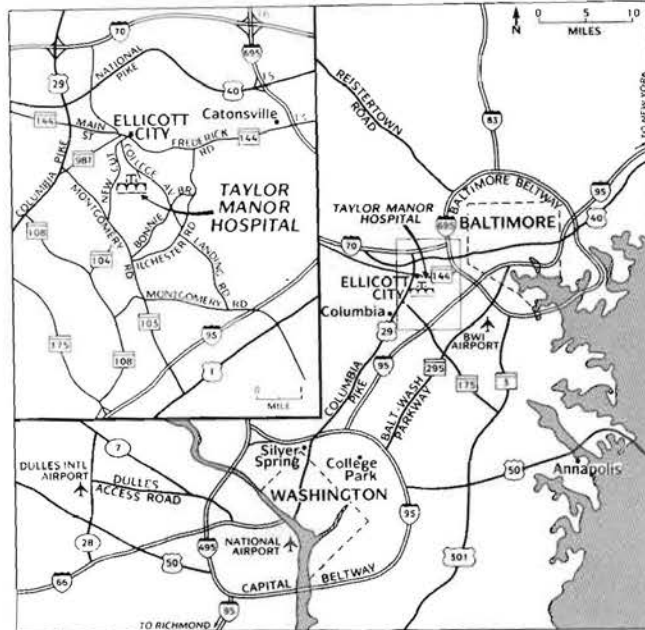
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4100 COLLEGE AVENUE, P.O. BOX 396
ELLICOTT CITY, MD 21043

Attn: Admitting Office



TAYLOR MANOR HOSPITAL

1

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PATIENTS' PROGRAMS

TREATMENTS

FACILITIES

TREATMENT TEAM

HOSPITAL/ADMISSIONS

TAYLOR MANOR HOSPITAL

Located near Ellicott City, Maryland, 10 miles from Baltimore and 30 miles from Washington, D.C., Taylor Manor Hospital has been successively directed since 1939 by three generations of the Taylor family, noted pioneers in psychiatric hospital care.

The Hospital is licensed by the Maryland State Department of Health and Mental Hygiene and has achieved maximum accreditation by the Joint Commission on Accreditation of Hospitals. Its treatment programs are approved by Blue Cross, Blue Shield, CHAMPUS, and other major insurance carriers.



Recovery-oriented treatment at TMH begins at admission. Each newly admitted adult, young adult, and adolescent receives a comprehensive evaluation that considers the whole patient. Findings from interviews, family history assessments, referral sources, clinical observations, physical examinations, and medical, laboratory, and psychological tests are used by the attending psychiatrist and the multi-specialty treatment team to form an integrated diagnostic picture. This careful, intensive evaluation procedure provides the basis for a detailed treatment plan specifically created for each patient.

Admission referral to TMH may be through self, friend, employer, family, the patient's psychiatrist, primary care physician, psychologist, social worker, or through other professional therapists, agencies, or individuals from whom the patient has sought help. Admission is usually voluntary, but may be by court recommendation or with physicians' certificates.

Prior to admission each prospective patient receives an evaluation by a staff psychiatrist to determine appropriateness and eligibility for treatment in the Hospital's programs. Twenty-four hour staffing by psychiatrists makes prompt pre-admission evaluation and emergency admission possible at any time.

DISCHARGE PLANNING AND AFTERCARE

Comprehensive and personalized plans for discharge are formulated at admission and updated by the treatment team. Specific aftercare plans are carefully designed as part of each patient's program, to help discharged patients continue to build upon gains made in the Hospital. Every effort is made to ensure a smooth return to family, community, and workplace or school.

OUTPATIENT SERVICES

Taylor Manor Hospital provides outpatient and partial hospitalization services for selected patients with specialized needs. The outpatient treatment utilizes all appropriate modalities of therapy to assist patients to maintain their prior progress in treatment.

Partial hospitalization day and night programs are available when needed. Referral sources are kept informed and appropriately involved to encourage a continuity of treatment.



*Bruce T. Taylor, M.D.
Edith L. Taylor
Irving J. Taylor, M.D.*

HOSPITAL/ADMISSIONS

TREATMENT TEAM

FACILITIES

TREATMENTS

PATIENTS' PROGRAMS

TAYLOR MANOR HOSPITAL



TAYLOR MANOR HOSPITAL

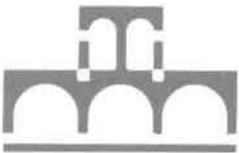
PATIENTS' PROGRAMS

TREATMENTS

FACILITIES



TAYLOR
MANOR
HOSPITAL



*Treatment at Taylor Manor Hospital is based on
and on the expertise gained from more than 75 years of
from the relatively simple to*

MILIEU INDIVIDUAL PSYCHOTHERAPY GROUP THERAPY FAMILY THERAPY

The 75 years of cumulative experience have led to an unparalleled understanding of psychiatric and addiction problems and their successful treatment.

Every aspect of patients' confidentiality is scrupulously observed, including medical records. Patients' rights are maintained according to the Code of the Maryland Department of Mental Hygiene and the Joint Commission on the Accreditation of Hospitals.

At TMH, milieu means far more than simply environment or setting; an important therapeutic purpose is served by the peaceful and homelike surroundings. Here, milieu signifies an absence of the chaos and confusion of the outside world and the presence of therapeutic structure, stability, and the firm social support offered by daily interaction with knowledgeable and concerned mental health professionals. This milieu at TMH provides the best possible foundation for the patient, family, and therapist as they work together toward the goal of recovery.

Intensive individual sessions with the attending psychiatrist and other professionals are available to all patients at TMH. Together, therapist and patient work to understand the emotional conflicts affecting the patient and to help achieve insight and the ability to cope with those problems of life that have become overwhelming.

A powerful tool in the treatment of many forms of emotional illness, group therapy affords the patient the opportunity to achieve the special kind of insight that only interaction and honest communication with peers can provide. In sessions directed by a professional therapist, patients are guided in their learning from each other. Solidarity and mutual support enhance the motivation and efforts of each member of the group. Psychodrama and other specialized group techniques are used selectively.

l on the education and experience of its professional staff
s of treating thousands of patients whose problems have ranged
e to the exceptionally complex.

Y MEDICATION STRESS MANAGEMENT THERAPEUTIC COMMUNITY

The TMH emphasis on family therapy recognizes that family relationships and problems are important and sometimes stressful to the patient. It recognizes that the patient's illness can be a source of deep pain and anxiety for family members. Therefore, considerable attention is paid to the often complex interrelations between the patient and family, and to the specific needs of each.

Today's modern biological laboratory tests, along with skilled clinical assessment, allow choosing appropriate medication to assist in the recovery of selected patients. With the patient's informed consent psychoactive medication and other somatic therapies can be prescribed to restore emotional and biochemical balance.

Taylor Manor Hospital's distinctive stress management program uses individual and group sessions to teach patients constructive methods of coping with tension. Comprehensive programs of biofeedback therapy, relaxation and assertiveness training, nutritional planning, and leisure education are tailored to each patient's individual needs.

The TMH philosophy that a patient must be active in his or her own recovery finds expression in the Hospital's therapeutic community. In this form of self-government, patients elect officers and conduct a daily forum to discuss issues of everyday life in the Hospital. Problems within this community are openly discussed, with patients seeking ways of resolving them among themselves, thus taking firm steps toward acquiring responsibility and control of their daily activity and the surrounding world. In this way, patients are able to regulate their own lives, practice social behavior, and develop self-confidence.

TREATMENTS

PATIENTS' PROGRAMS

TAYLOR MANOR HOSPITAL



ACTIVITY THERAPY

At TMH, non-verbal expression and creative exploration are sophisticated diagnostic and rehabilitative tools. Because we believe in treating the whole person, the Hospital devotes extensive resources to a wide range of activities therapy prescribed on an individual basis. These include occupational therapy, therapeutic recreation, art, dance, and music therapies. Activities of daily living and independent living skills are taught where indicated.

Whether a patient is painting, singing, dancing, working with clay, or playing on the baseball field, each activity, under the skilled guidance of the therapists, offers the opportunity to explore feelings which may be otherwise difficult to express. These programs stimulate awareness of emotions, improve group interactions, and promote spontaneity and creativity, simultaneously aiding the staff in diagnosis and treatment.





Adolescent Program

Adolescence is an especially difficult time of life often aggravated by the many pressures inherent in contemporary American society. For adolescents, it is a period of intense emotions, new experiences, and experimentation with new attitudes, behaviors, and ideas.

Most teenagers make a successful, if occasionally stormy, passage through this transitional period; but for some, the stresses are too much to handle. For them, coping may mean the abuse of alcohol or drugs. Or they may skip school, run away, or engage in other disruptive and even violent behaviors, which may mask an underlying depression.

These reactions to the internal and external pressures of adolescence may not respond to the efforts of the family, and loving, supportive parents often find that no matter how hard they try to help, their child remains out of control.

In 1968, in recognition of the special needs of adolescents, Taylor Manor Hospital began the first psychiatric treatment program in Maryland tailored specifically for patients in the 12-to-18 age group. These years of experience have enabled the Hospital to develop adolescent treatments that achieve a high rate of success.

At TMH, the Adolescent Program oc-

cupies its own facilities, a miniature community which includes living quarters, therapy areas, a dining room, extensive indoor and outdoor recreational facilities, and a branch of the Howard County School system.

The multi-disciplinary team develops a detailed treatment plan including family therapy for each patient. The full range of available treatment modalities has been adapted to the special needs of adolescents and is employed as appropriate. The average length of stay is six to ten months.

One important need of the adolescent patient is education. At TMH, schooling is a prescribed and integral part of treatment and rehabilitation. Qualified special education teachers instruct middle and high school classes in well-equipped classrooms. The school program enables adolescent patients to continue their education while receiving intensive Hospital treatment. Progress is coordinated with the student's home school, and credits earned are transferable to other educational facilities.

In addition, special tutoring, summer classes, and preparation for the high school equivalency examination are available.





Short-Term Adolescent Program



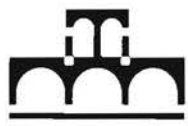
TMH offers a special Short-Term Evaluation and Treatment Program for 12-to-18-year-olds who need more than outpatient care, yet may not require the duration of treatment provided in the Hospital's regular inpatient Adolescent Program.

This program stresses diagnosis and is normally limited in duration to 60 days or less. Its aim is to permit the close observation necessary for the complete evaluation of the adolescent's needs. At the conclusion of the diagnostic period, the patient's treatment team may either recommend referral to an outpatient program (or other form of aftercare) or continued hospitalization.

A thorough educational assessment is part of the diagnostic procedure. If the hospitalization occurs during the school year, patients receive tutoring to enable them to keep up with course work at their home school.

Although the program stresses comprehensive diagnosis, it offers strong therapeutic value as well. Many an adolescent in trouble, and headed for worse, finds hospitalization the needed break from outside stresses and environment to allow a regrouping and change of course.





Young Adult Program

The transition from adolescence to adulthood requires developing a relative autonomy from family, as well as learning to cope with the often harsh realities of work and adult relationships. Attempting these challenges can precipitate or intensify emotional crisis.

The Young Adult Program at TMH is designed for 18-to-28-year-olds with these

life adjustment problems. This program combines all the Hospital's basic treatment modalities — individual psychotherapy, group therapy, psychodrama, milieu, family therapy, activities therapy, stress management, and pharmacological therapy when indicated — with a strong focus on the transitional skills the young adult must develop.



This TMH program, where hospitalization averages two to four months, helps prepare these young people to cope with critical developmental problems, such as independence from their families, issues of identity, completion of education, and choice of a career.

The Hospital provides a separate living area for this age group where, through the organized therapeutic community, the young adult is encouraged to actively participate in the administration and daily functioning of the unit.

School and vocational programs

stress the importance of continued education. The patient may complete an unfinished high school education at TMH or receive assistance in preparing for the high school equivalency examination. Liaison with local colleges and universities is maintained.

Staff specialists address other issues of importance to this age group, including alcohol and drug abuse and sexuality. Concurrent treatment through TMH's alcoholism, chemical dependency, or compulsive gambling rehabilitation programs may be added.



Because the intention is to address the needs of the whole person, nutrition is also emphasized. The TMH dietician, a member of the treatment team, provides each patient with diet and nutritional counseling.

Designed with the special needs of adults in mind, the separate Adult Program facility offers comfortably and pleasantly appointed private and semi-private accommodations. The average length of stay for most adult patients is four to eight weeks, with some stays either shorter or longer depending upon the patient's individual needs.

When indicated, concurrent treatment through TMH's alcoholism, chemical dependency, or compulsive gambling rehabilitation programs is provided.

Plans for discharge are formulated at an early stage. They are implemented within the framework of a follow-up plan designed to ensure a smooth return to family and community.



TRAYLOR MINOR HOSPITAL,



Specialized Treatment for

ALCOHOLISM PROGRAM

DRUG ABUSE PROGRAM

COMPULSIVE GAMBLING PROGRAM

A large segment of American society views addictive behaviors — alcoholism, drug dependency, compulsive gambling — as a moral failure of the addicted individual. This belief persists despite considerable efforts to educate the public as to the true nature of such addictions. Unfortunately, when this view of the problem inhibits the seeking of proper treatment, the consequences can be ruinous to the addicted individual and his or her family.

Alcoholism, drug dependency, and compulsive gambling are, in fact, diseases — diseases in the very same sense that diabetes is a disease. Like diabetes, addictive diseases can be controlled with the proper treatment. Often, entering the Hospital is the most difficult step on the road to recovery. If needed, special intervention services are available to enable this process to begin.

Once in treatment, group therapy promotes honesty in communication as the denial common to all addictive states is quickly recognized by peers who have

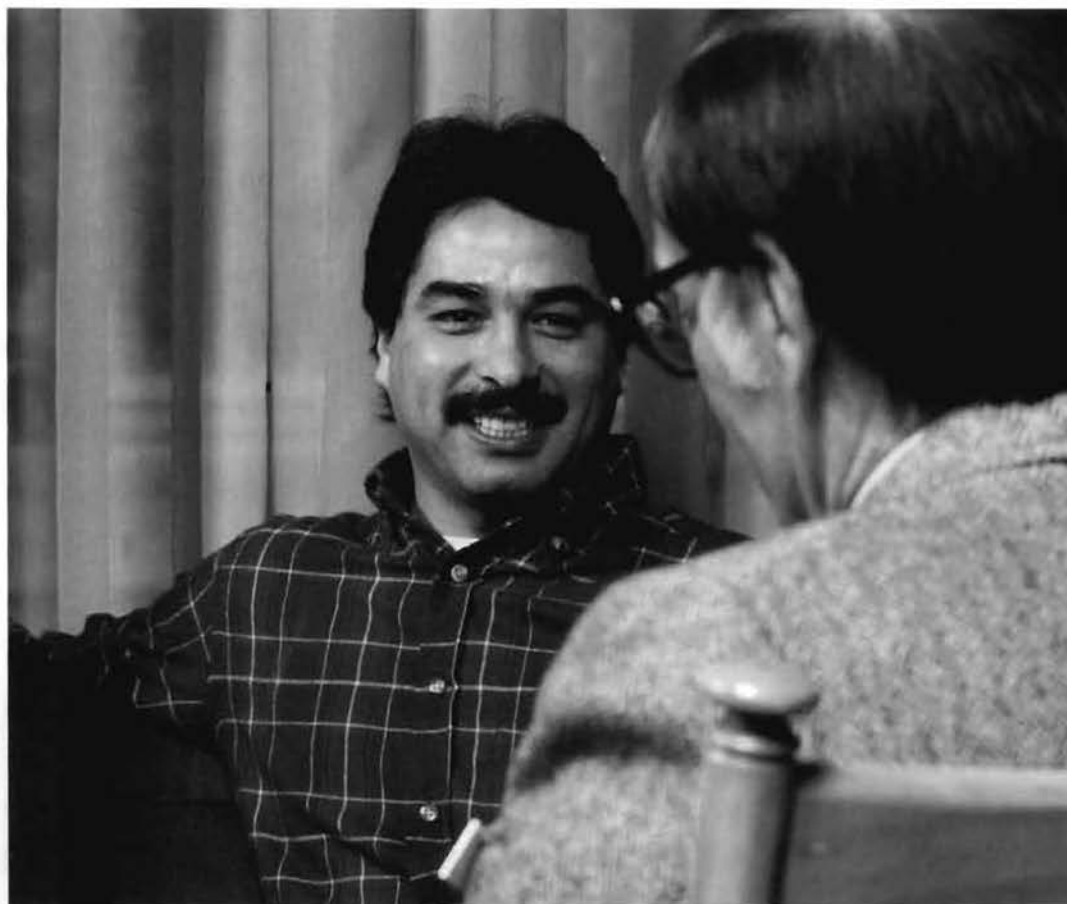
been there before. Strong bonds and additional motivation result from the shared suffering and desire to begin a new life of abstinence.

Individual psychotherapy and addictions counseling help each patient achieve the level of insight necessary to regain control of his or her life. They are also extremely useful in dealing with other emotional problems which may co-exist with the addiction.

Treatment for addictive behavior at TMH stresses the precept that alcoholism, drug dependency, and compulsive gambling are family diseases, in that the patient's addiction often produces reactions in family members that are, in the long run, unhealthy for all. Family therapy emphasizes helping family members learn how to alter their own behaviors which might have indirectly encouraged the patient's addiction. It also seeks to educate family members about the addiction and helps them deal with the pain and turmoil brought into their lives.



Addictive Behaviors



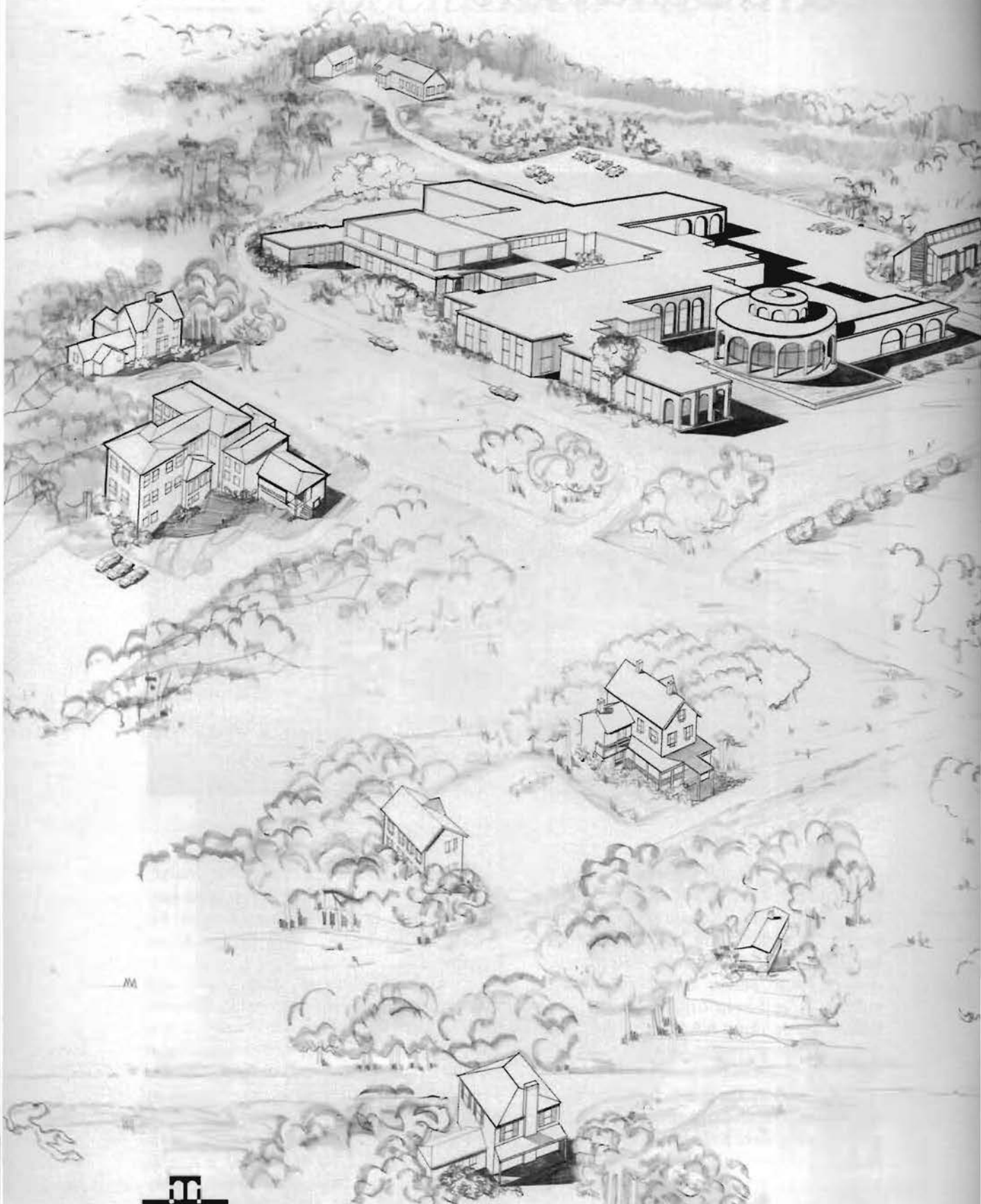
Treatment at TMH rests on the firm conviction that for most who suffer from alcoholism, chronic drug abuse, and compulsive gambling, the greatest hope for lasting recovery and lifelong abstinence lies in active membership in the voluntary self-help organizations which follow the famous AA 12-step model: Alcoholics Anonymous, Narcotics Anonymous, and Gamblers Anonymous.

Addiction Program patients are required to attend daily meetings of these groups which are held both on and off the Hospital campus throughout the four- to eight-week average length of stay. In the aftercare portion of the program, every effort is made to cement the ties forged

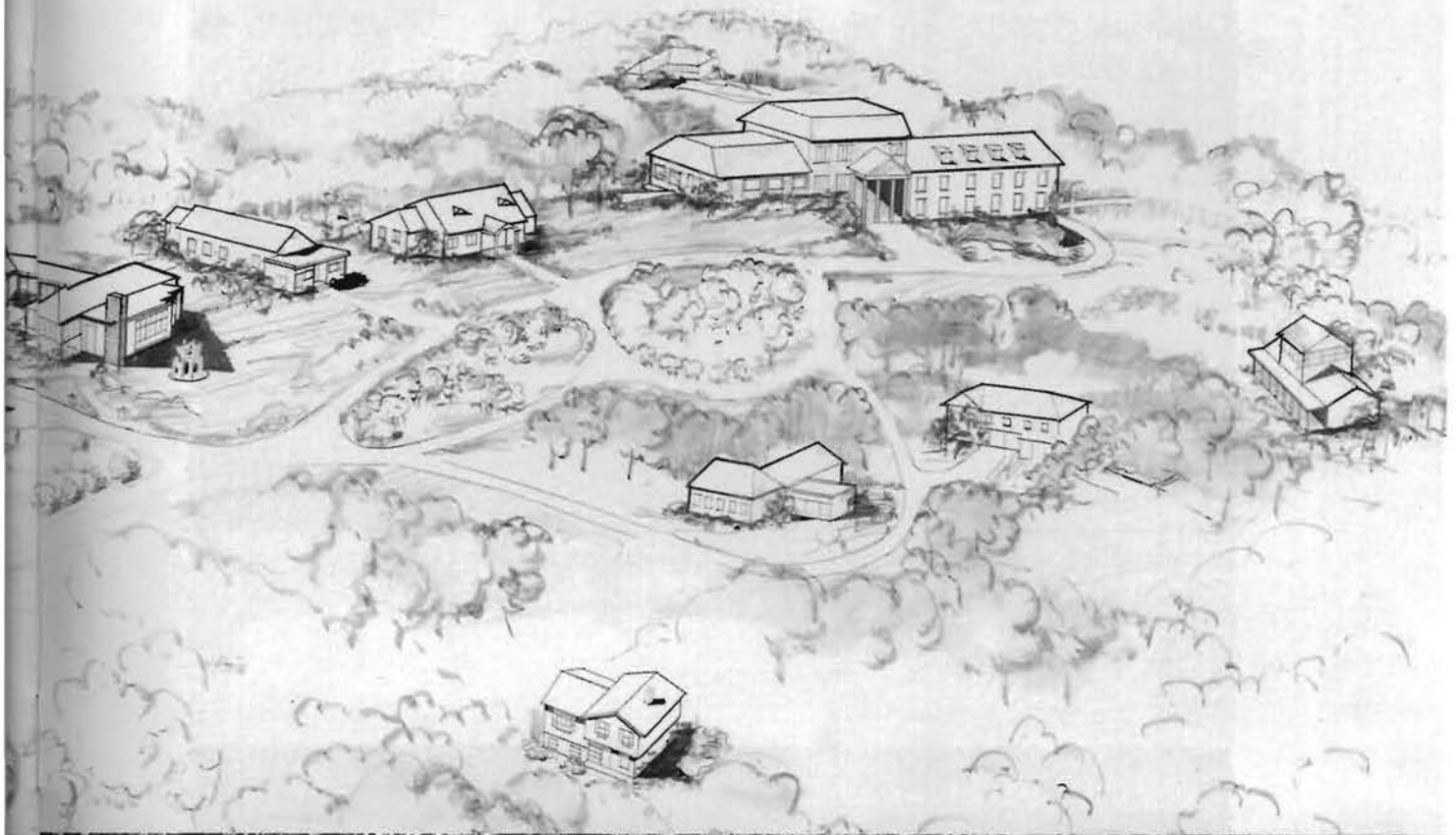
with these groups during the intensive, therapeutic stay at TMH. Important support for the family is provided by Al-Anon, Nar-Anon, and Gam-Anon meetings.

While alcoholism, drug abuse, and compulsive gambling may exist independently, they are often interrelated and may be present with other emotional problems. By addressing each patient as a complex personality with more than just a single, isolated problem, the Taylor Manor Hospital program is especially effective in dealing with addicted patients whose previous treatment results, concentrating on just the addiction, have been unsatisfactory.

TAYLOR MANOR HOSPITAL



TAYLOR MANOR HOSPITAL



TAYLOR MAJOR HOSPITAL,

Professional and Community Education

As a leading center for progressive psychiatric care, Taylor Manor Hospital regularly sponsors conferences and other educational events for the professional and lay communities. These activities have placed TMH in the forefront of psychiatric education. Nationally renowned for the quality of its programs, the professional series aims to stimulate the kind of discussion and fresh thinking vital to progress in the mental health field. All professional programs carry continuing education accreditation.

Taylor Manor Hospital provides an American Psychological Association predoctoral clinical internship training pro-

gram. Affiliations with schools of medicine, social work, nursing, and activities therapy provide training opportunities for each of these specialties.

A variety of educational programs and special events for the public, including lectures, films, art shows, school visits, tours, and media appearances, strive to bring the same message to the outside world that TMH offers those who seek help at the facility: the message that there is hope; that mental, emotional, and addiction problems can be overcome; that expert, concerned professional intervention can lead the way to recovery; and that life can begin again.





"Humanity in Harmony"

Sculpture on Hospital Lawn

TMH is accredited by the Joint Commission on Accreditation of Hospitals. Licensed as a psychiatric specialty hospital by the Maryland State Department of Health and Mental Hygiene. Member of the National Association of Private Psychiatric Hospitals.

Admission, treatment programs, service, facilities, activities, privileges, and employment practices at Taylor Manor Hospital are without discrimination for reasons of race, sex, color, national origin, religion, or age and do not exclude from participation or employment or deny benefits to any individual solely by reason of handicapping conditions.

Insurance approved for: Blue Cross, Blue Shield, CHAMPUS, and all major insurance carriers.

Individuals pictured in this brochure are either staff members or friends of Taylor Manor Hospital.

You are invited to visit, write, or call for further information:

Taylor Manor Hospital
College Avenue, P.O. Box 396
Ellicott City, Maryland 21043
Telephone (301) 465-3322



TAYLOR MANOR HOSPITAL



TAYLOR MANOR HOSPITAL



TAYLOR
MANOR
HOSPITAL
COLLEGE AVE.
P.O. BOX 396
ELLICOTT CITY
MARYLAND 21043
(301) 465-3322
1-800-527-8238



*Taylor Manor Hospital—
where concerned, compassionate caring
makes the difference.*





Adult Program

The TMH Adult Program offers emotionally disturbed adults a highly personalized program in an inpatient setting. Treatment is aimed at a single goal: an early return to the normal world of family, community, and workplace with the emotional crisis resolved, coping skills restored, and the ability to appreciate the richness of life enhanced.

Treatment is under the direction of a psychiatrist, assisted by a multi-disciplinary team of mental health professionals. Following intensive evaluation, an individualized treatment plan is devised for each patient, utilizing any or all of the Hospital's basic treatment modalities: individual psychotherapy, group therapy, psychoactive medication or other somatic therapies, family therapy, activities therapy, psychodrama, and stress management.



PATIENTS' PROGRAMS

TAYLOR MINOR HOSPITAL,

